



















# Disaster Preparedness for People Who Have Limited Speech: Taking Responsibility for Your Safety

| YES | NO | Check List for People with Limited Speech and Those Who Care About Them   |
|-----|----|---|
|     |    |  <p>1. Do you have a support team? Does everyone know what to do?</p>  |
|     |    |  <p>2. Do you have an evacuation plan in case you need to leave home or work in an emergency situation? Do you know:</p>   |
|     |    |  <p>a. Where you will go?</p>  |
|     |    |  <p>b. How you will get there?</p>   |
|     |    |  <p>c. Who will transport you/come with you?</p>   |
|     |    |  <p>d. What you will take with you?</p>   |
|     |    |  <p>e. What your rights are in a shelter?</p>  |
|     |    |  <p>3. Is your “Go Bag” packed? (See “Go Bag” on page 3.)</p>  |
|     |    |  <p>4. Do you have paper (laminated) communication display(s) with you <u>at all times</u>? Do your displays include vocabulary for emergencies? Do you have written instructions about how to communicate with you <u>at all times</u>?</p> |

| YES | NO |   |
|-----|----|---|
|     |    |  <p>5. Do you always carry a copy of your health information in case of an emergency?</p>  |
|     |    |  <p>Insurance card?</p>  |
|     |    |  <p>Prescriptions?</p>   |
|     |    |  <p>Other critical medical information, in a water proof bag?</p>  |
|     |    |  <p>6. Are you prepared to remain at home or work during an emergency? Do you have:</p>  |
|     |    |  <p>enough water and food stored for 7 days?</p>   |
|     |    |  <p>a radio with extra batteries?</p>  |
|     |    |  <p>flashlights with extra batteries?</p>  |
|     |    |  <p>medical supplies?</p>  |
|     |    |  <p>enough of your own medicines for 7 days?</p>   |
|     |    |  <p>a way to communicate?</p>  |
|     |    |  <p>a way to call for help?</p>  |
|     |    |  <p>7. Have you ever thought, “Never mind... this won’t happen to me?” <b>THINK AGAIN. IT CAN HAPPEN TO ANYONE! BE PREPARED NOT SORRY!</b></p> |

# Go Bags

